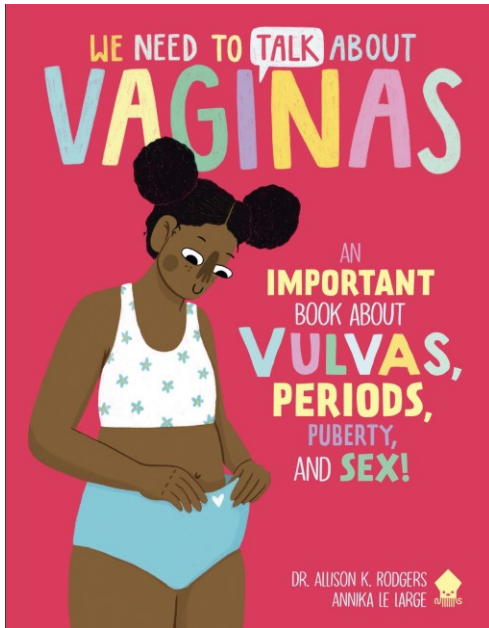


# WE NEED TO TALK ABOUT VAGINAS: AN IMPORTANT BOOK ABOUT VULVAS, PERIODS, PUBERTY, AND SEX!



*Juvenile*

**By Dr. Allison K. Rodgers**

ISBN: 978-1-68449-400-2

## **Book Summary:**

This book teaches young children about female anatomy, sexual activities, gender ideologies, and others.

## **Summary of Concerns:**

This book contains cartoon illustration involving sexual activities; non-sexual nudity; alternate gender ideologies; and alternate sexualities.

**2** /5

**Teen Guidance**  
BookLooks Review Rating

Page	Content
6	The illustration on the bottom of this page depicts a young woman sitting at a table pointing at an illustration of a zoomed-in view of a vulva.
7	<p>PROTESTS</p> <p>Female health and sexuality is often the topic of protests.</p> <p>...These women didn't have a choice and were not given pain medication because of the racist notion that Black people did not feel pain.</p> <p>...FEMALE GENITAL MUTILATION</p> <p>...During FGM the external genitals of a girl or woman are removed.</p>
8	The illustration on this page depicts a woman in a hula skirt with her breasts exposed. She is looking to her upper-right toward an oval shape with a zoomed-in view of a vulva inside the oval.
9	The illustration on the lower-right side of this page depicts a cartoon statue of a torso and pelvis with the breasts and pubic area exposed.
10	The illustration on this page depicts a woman holding a mirror to look at her nude vulva.
11	The illustration on this page depicts a zoomed in view of vulva with the following parts labeled with their descriptions: Mons pubis, Urethra, Vaginal opening, Anus, Perineum, Labia majora, Labia minora, and Clitoris.
13	<p>The illustration on the top of this page depicts female internal reproductive organs in a frontal view.</p> <p>The illustration on the bottom of this page depicts female internal organs inside the pelvic region from a profile view.</p>
14	The illustrations on this page depict four nude female pubic regions with the pubic hair and vulva exposed.
15	<p>The illustrations on this page depict four nude female pubic regions with the pubic hair and vulva exposed.</p> <p>The illustration on the lower-right side of the page depicts a nude woman in a frontal position with her right breast and pubic area exposed.</p> <p><i>See Figure 1.</i></p>
16	<p>The illustration on the left side of the page depicts a nude girl in a frontal position.</p> <p>The illustration on the middle of the page depicts a nude young woman in a three-quarters view with her budding breasts and pubic hair.</p> <p>The illustration on the right side of the page depicts a nude young woman in a frontal view with her breasts and pubic hair exposed.</p>
17	<p>The illustration on the left side of the page depicts a nude woman in a frontal view with her breasts and pubic area exposed.</p> <p>The illustration on the right side of the page depicts a woman with her breasts and pubic area exposed.</p>
18	<p>The illustration on the left-side of the page depicts a cross-section of a male and female torso. The male's penis is shown inside a woman's vagina in a cross-section view.</p> <p>The words below the image read: PENIS/VAGINA SEX</p> <p><i>See Figure 2.</i></p>

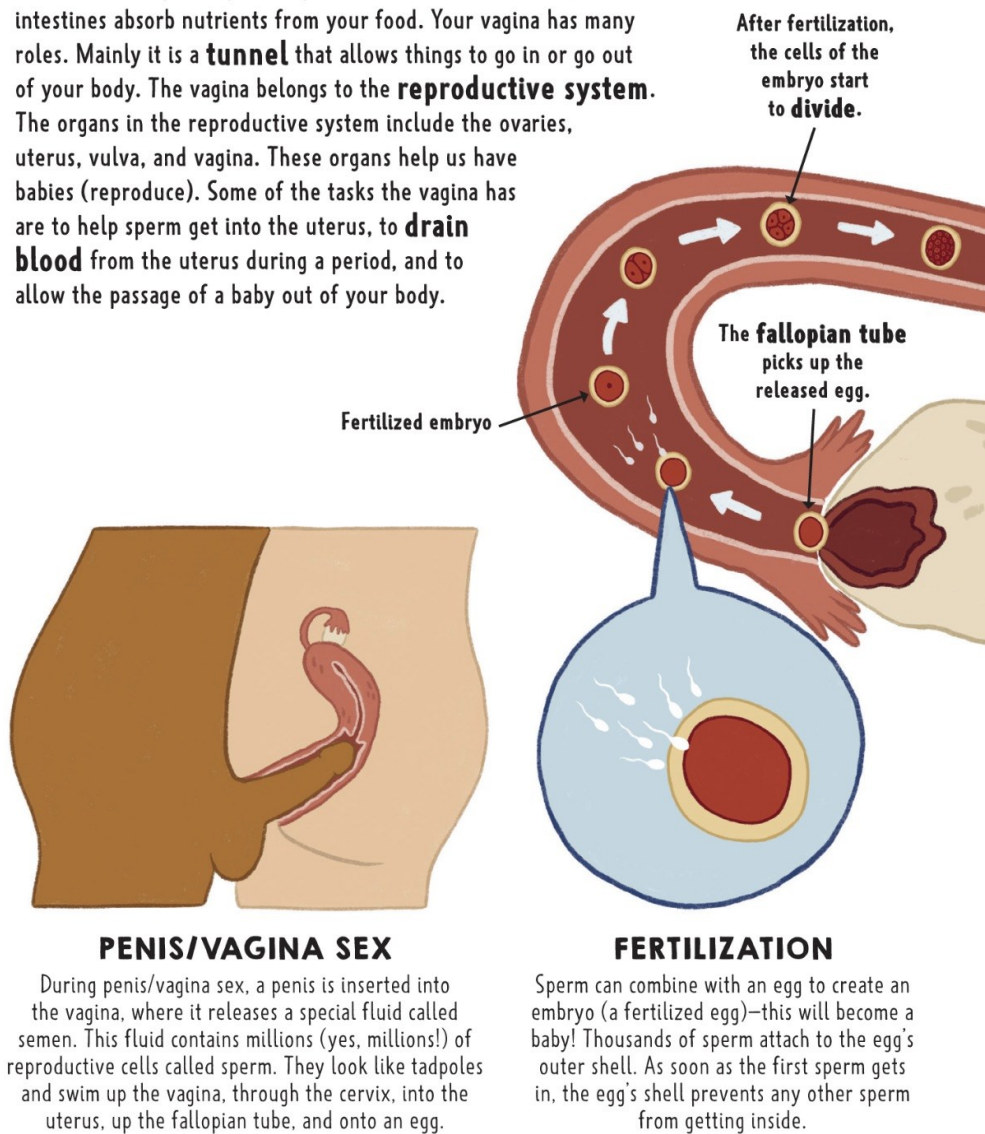
Page	Content
20	The illustrations on this page depict a pregnant woman during the three trimesters of gestation with her breasts exposed. She is shown in a profile view with her pelvic organs and baby shown in a cross-section view.
21	The illustrations on this page depict four cross-section views of a baby being delivered and common interventions required to assist in birthing.
22	<p>WHAT IS A HYMEN?</p> <p>...Over history they have been incorrectly seen as an indicator of whether or not someone had sex.</p> <p>...What does it mean to be a virgin?</p> <p>Historically it meant never having had penetrative sex with a penis.</p> <p>The illustration on the right-side of the page depicts zoomed-in view of three vulvas.</p>
23	The illustration on the top-left side of the page depicts zoomed in views of five vulvas. The illustration on the bottom of the page depicts two women standing next to each other. One of the women is saying, "Also, you don't need a penis to have sex. Get with the times, people!"
27	<p>The illustration on the bottom-middle of the page depicts a topless young woman's torso with her breasts exposed.</p> <p>The illustration on the bottom-right side of the page depicts a nude woman's torso in a frontal view. Her breasts and pubic area are exposed.</p>
33	The illustration on the middle-right side of the page depicts a nude woman lying in a bathtub. Her breasts are exposed.
36	The illustration on this page depicts a zoomed in view of woman's pelvic area with the internal organs shown.
37	<p>The illustration on the left-side of the page depicts a woman leaning forward over a toilet as she is wiping her pelvic region. Her underwear is pulled down and her pubic hair is exposed.</p> <p>The illustration on the right-side of the page depicts a nude woman in a shower. Her right hand is angled toward her vulva. Her breasts and pubic area are exposed.</p>
38	<p>The illustration on this page depicts a zoomed in view of a female pelvis as their right hand is pulling down their underwear with their pubic hair exposed above the band.</p> <p>The words on the image read: GETTING TO KNOW YOUR PUBES.</p>
39	<p>The illustration on the left-side of the page is a continuation of the image described above.</p> <p>The illustration on the bottom-right-side of the page depicts a woman touching the right side of her vulva as she looks a strip with hair on it.</p>
45	<p>The illustration on the top of the page depicts a woman lying on a bed in a fetal position without pants.</p> <p>The illustration on the bottom left side of the page depicts a nude woman with her breasts exposed, pouring powder into a bathtub.</p> <p>The illustration on the bottom right side of the page depicts a woman slightly bent forward with her underwear pulled down as she is wiping her pelvic area.</p>

Page	Content
47	<p>the illustration on the bottom right side of the page depicts a man holding out a bottle with a picture of a nude woman's breasts and pubic area on it. The words below the image read: You do not need special soap, sprays, or douches for your vulva.</p>
48	<p><b>GENDER IDENTITY</b>            ...When you were born, doctors looked between your legs and assigned your sex. If that is the end of the story for you, great. But if that assignment doesn't fit properly, you are the only one who can figure out what is right.            ...Your gender identity is your personal feeling of your own gender. It does not need to be the same as your assigned sex. It also does not need to be the same as your gender expression- how masculine or feminine you decide to appear or behave.  <b>...CISGENDER</b>            When your gender matches your assigned sex, you are cisgender.</p>
49	<p><b>NONBINARY</b>            Nonbinary means that you do not identify as only male or only female.            ...There are several terms you may hear that are associated with being nonbinary, including gender neutral, gender queer, gender fluid, gender diverse, and gender nonconforming. People who identify as nonbinary can use pronouns like they/them, but may choose to use more binary pronouns (she/her and he/him).  <b>...TRANSGENDER</b>            When your gender identity and gender expression are different from your assigned sex, you may be described as transgender, or trans.            ...Other trans people use hormonal treatments and sometimes surgery to permanently change their body to be more aligned with their gender identity.  <b>GENDER DYSPHORIA</b>            People who are transgender can feel trapped in the wrong body.</p>
54	<p>The illustration on the top of this page depicts a condom coming out of a wrapper next to a condom fully unrolled.            The illustration on the bottom-right side of the page depicts a female condom</p>
56	<p><b>TOUCHING YOURSELF</b>            ...Touching yourself for sexual arousal is called masturbation. There are a lot of myths out there about masturbating, but it is a normal thing to do and does not cause any harm.            Touching your vulva, clitoris, or even your nipples or anus can lead to a pleasurable sensation called an orgasm.            ...The more you can understand what feels good, and what doesn't, the more you will be able to enjoy it.</p>



Figure 1

All of the organs in your body have a purpose. Your heart pumps blood, your lungs bring in oxygen so you can breathe, and your intestines absorb nutrients from your food. Your vagina has many roles. Mainly it is a **tunnel** that allows things to go in or go out of your body. The vagina belongs to the **reproductive system**. The organs in the reproductive system include the ovaries, uterus, vulva, and vagina. These organs help us have babies (reproduce). Some of the tasks the vagina has are to help sperm get into the uterus, to **drain blood** from the uterus during a period, and to allow the passage of a baby out of your body.



### PENIS/VAGINA SEX

During penis/vagina sex, a penis is inserted into the vagina, where it releases a special fluid called semen. This fluid contains millions (yes, millions!) of reproductive cells called sperm. They look like tadpoles and swim up the vagina, through the cervix, into the uterus, up the fallopian tube, and onto an egg.

### FERTILIZATION

Sperm can combine with an egg to create an embryo (a fertilized egg)—this will become a baby! Thousands of sperm attach to the egg's outer shell. As soon as the first sperm gets in, the egg's shell prevents any other sperm from getting inside.